



## COVID-19 Vaccines Video Script

Hello! In this video, we will be discussing the vaccines that defend us against COVID-19. At this moment, there are several approved vaccines in the United States; all of them have been medically approved. Researchers have proven that all these vaccines are effective in protecting us against severe symptoms from COVID-19 and are safe for adults to use.

“How is it possible that the vaccines are safe if they were developed in a short period of time?”  
Well, COVID-19 is part of the coronavirus family that have existed for a long time, which is why scientists already had a lot of information that helped to prepare [these vaccines](#). Scientists from many countries collaborated to create these vaccines while following the same safety measures that are taken with any other vaccine.

“How much would I pay for my vaccine?”

These vaccines are [free](#), and do not require health insurance, a social security card, or immigration papers to receive it. They are part of a public health measure to fight against the pandemic. Also, these services are completely [confidential](#)! This means that the personal information they ask for will be protected and will not be shared without your consent.

“I am interested in protecting myself, but how exactly do the vaccines work?”

There are vaccines that require a single dose and others that require two, with a waiting period of 3 to 4 weeks between doses. They all offer a high protection against the virus and prevent severe symptoms. As with any other vaccine, these may cause [temporary side effects](#) such as pain or inflammation around the injection site, fever, and flu-like symptoms. Remember that you cannot get COVID-19 from the vaccines. These symptoms are a sign that the vaccine is building antibodies that fight against COVID-19.

“That sounds good, but I am pregnant. Is the vaccine safe for me?”

The decision to receive a vaccine is a personal decision and depends on whether you have other health risks. It is important to consult your healthcare provider. In this moment, there is limited information regarding how safe the COVID-19 vaccines are for [pregnant women](#); nonetheless, evidence shows that pregnant women are [five](#) times more likely to experience more severe symptoms from COVID-19 compared to women who are not pregnant. The vaccines are proven to reduce severe symptoms and this may protect both you and your baby.

“Could this affect my plans to breastfeed my baby?”

Researchers have no evidence that vaccines affect your breast milk and it is known that breast milk passes the defenses from your immune system (your antibodies) to protect your baby.

“Are there other groups of people who are not recommended to take the vaccine?”

The vaccine is not recommended for individuals who may have [allergies](#) to any of the ingredients used for the vaccine or people who have experienced an adverse reaction to the first dose of a two-dose vaccine. The vaccine is also not recommended for people who have medical conditions that weaken the immune system. It is important to consult your healthcare provider if this concerns you.

“That is good to know! Where can I search for more reliable information about the COVID-19 vaccines?”

You may call the Help Center for the COVID-19 Vaccine in North Carolina at the number (888) 675 - 4567. You may speak with an operator there in Spanish. You may also search for nearby locations that offer the vaccine on the webpage <http://myspot.nc.gov>. If you want more information, review the links found in the description of this video.

Remember, with or without the vaccine, it is important to continue using facemasks around people who do not live in your household, maintaining 6 feet of distance, and washing your hands frequently. Our community has been very affected by COVID-19, being vaccinated will help you stay safe in your workplace and protect your family. Take action and fight to maintain better health for yourself, your family, and your neighbors!

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