

INTRAVENOUS (IV) AND GENERAL ANESTHESIA GUIDELINES

Thank you for choosing the University of North Carolina Oral & Maxillofacial Surgery Department to serve your needs. **Please read the following instructions carefully as they are important for you.** We wish for you to have the smoothest experience possible when it comes to sedation and general anesthesia, and failure to adhere to these guidelines may result in cancellation of your procedure or may be detrimental to your health and safety.

1. Do not eat or drink anything for 8 hours before your surgery. You may take required medications with small sips of water. Check with your surgeon if you are unsure of what medications may be taken
2. You **MUST** bring an escort (adult over the age of 18) to accompany you during the procedure. He or she **MUST** remain in the building and drive you home.
3. You **MUST** have someone stay with you for 24 hours after your surgery
4. Please wear loose, comfortable clothing the day of your surgery. Wear closed toe shoes (no flip-flops/sandals)
5. Do not wear jewelry, remove facial/oral piercings
6. Do not wear dark nail polish
7. Do not wear contact lenses
8. You may **NOT** drive, operate machinery, make important decisions or cook 24 hours after surgery
9. Please call your surgeon's patient care coordinator if you have any questions
Dr. Blakey: Jessica Kiley 919-537-3703
Dr. Turvey: Tamiqua Chargois 919-537-3702
Dr. Reside: Angel Cummings 919-537-3704
Dr. Daniel: Angel Cummings 919-537-3704
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