

Molly Spragins, CCLS

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Professional Experience

Certified Child Life Specialist, UNC Children's Hospital, Part-Time February 2019 – Present

- Provide child life services to families in the Newborn Critical Care Unit.
- Prepare siblings for visits into the NCCC and educate them on various diagnoses and treatments their baby brother/sister may be experiencing.
- Provide bereavement support through memory-making: molds, prints, charms, etc.
- Offer resources to parents on how to support siblings at home during their NCCC stay.

Certified Child Life Specialist, WakeMed Hospital, PRN April 2017 – February 2019

- Provide child life services to children in day surgery and endoscopy unit as well as the children's emergency room, and inpatient/picu units as needed.
- Prepare children for surgery/endoscopy through verbal education, visual aids, and developmentally appropriate medical play prior to their procedure.
- Offer distraction, preparation, and education to children receiving care in the emergency room for various needs.
- Provide appropriate child life services (preparation, distraction, education, etc), to children who are inpatient or in the pediatric intensive care unit.

Certified Child Life Specialist, Duke University Hospital, PRN August 2016 – May 2017

- Provided coverage in the pre-op clinic during a staff member's maternity leave and later covered the PICU while a staff member was on leave.
- Used developmentally appropriate techniques to prepare children for surgery in the pre-op screening clinic.
- Facilitated medical play to help children understand their surgery and the various medical tools they would see in the process.
- Offered coping techniques to patients and families to better prepare them for their upcoming surgery/hospital stay.
- Gave tours of the pre-op space as well as inpatient areas as part of the pre-op process.

Manager, Ronald McDonald House of Durham August 2016-December 2016

- Managed the daily tasks of the house including, but not limited to: checking in families, making reservations, stocking supplies, supervising the meal volunteers, having supportive conversations with families, providing various resources to families, and ensuring the safety of the house.

Certified Child Life Specialist, Levine Children's Hospital, PRN April 2015-July 2016

- Provided PRN coverage to all areas of Levine Children's Hospital: inpatient units, radiology, outpatient hematology/oncology clinic, outpatient specialty clinics, and pediatric emergency department.
- Supported patients through various procedures using developmentally appropriate distraction and coping techniques.
- Offered emotional support to long-term patients learning to cope with their illness/treatment.

Certified Child Life Specialist, Novant Health – St. Jude Affiliate Clinic December 2014 – June 2016

- Provided support to patients undergoing painful procedures, provided developmentally appropriate education to newly diagnosed patients about their illness, and provided self-expressive activities to patients in order to promote positive coping.
- Promoted survivorship coping through various support groups and school visits in the community.

Certified Child Life Specialist, Duke University Hospital, PBMT July 2009-December 2014

- Promoted and enhanced coping and adjustment of patients and families to the complex process of a bone marrow transplant and the multiple facets of care it includes through therapeutic play, education about illness/transplant, and supportive relationships with patients to promote positive coping.
- Coordinated with psychosocial team (Family Support Program, Social Work, Music Therapy, Chaplains, etc.) to provide comprehensive care to the child.
- Collaborated with the medical team (doctors, nurses, nurse coordinators, etc) to advocate for the patient and family in order to enhance their journey through a bone marrow transplant.

Professional Activities

Special Visitor and Events Coordinator, Duke University Hospital July 2010 – December 2014

- Coordinated special visitors and events throughout the year for the children's hospital.

Ambassador, Patient and Family Centered Care, Duke University Hospital January 2013 – December 2014

- Served as a resource and mentor for change throughout work area and hospital system.

Counselor, Camp Kaleidoscope, Duke University Hospital 2010-2014

- Counseled chronically ill campers ages 13-16 at Camp Kaleidoscope (a residential camp for patients of Duke Children's Hospital for children who are unable to go to regular camps due to their medical condition).

Presenter, Pediatric Basic Core Day, Duke University Hospital August 2012 – 2014

- Presented to new pediatric nurses about the child life role in the hospital.

Counselor, Camp Kaleidoscope Sibling Weekend, Duke University Hospital 2010 – 2013

- Counseled siblings of Duke Children's Hospital patients over Labor Day Weekend.
- Provided a therapeutic camp experience for siblings who need tools and techniques to assist them in coping with their brother or sister's illness.

Presenter, Pediatric Pain and Palliative Care Curriculum September 2011 - June 2012

- Presented on various topics related to pediatric pain and palliative care on how to better support patients, families, and staff surrounding difficult issues/topics including: talking to children about death/dying, and non-pharmacologic approaches to pain management.

Organizer, Pediatric Pain and Palliative Care Curriculum, Duke University Hospital April 2013

- Presented on Child Life at nationally recognized course designed for medical professionals in order to enhance their knowledge in pediatric pain and palliative care topics.
- Responsible for coordinating discussion topics and speakers for every Tuesday for the month of April.

Professional Accomplishments

Life is Good, Playmaker May 2013 – Present

- Completed 3 day certification training in May 2013 and November 2013.

Children's Hospital of the King's Daughter's Child Life Conference, Presenter October 13, 2013

- Presented at the "Work Hard, Play Harder" child life conference in Norfolk, Virginia.
- Facilitated a 90-minute presentation on the topic of "Play in Long-term/High Acuity Environments."
- Taught participants new ideas and techniques to incorporate a playful approach to their work as child life specialists.

Child Life Council Conference, Poster Presenter May 2013

- Presented at the national child life conference in Denver, Colorado on the topic of siblings of bone marrow transplant patients.

American Society of Bone Marrow Transplantation, Poster Presenter February 2012

- Abstract published in the ASBMT Journal on bereavement support in a bone marrow transplant unit.

American Society of Bone Marrow Transplantation, Poster Presenter

February 2011

- Abstract published in the ASBMT Journal on supporting severely autistic adolescents through a bone marrow transplant.
- Presented a poster on a bone marrow transplant team supporting a severely autistic adolescent through the transplant journey.

Volunteer Experience

Guardian ad Litem for Durham County

May 2014 – December 2014

- Acted as a court appointed advocate for children who have been removed from their home as a result of abuse and/or neglect.
- Served as eyes and ears for the judge of behalf of the child(ren) and made recommendations for child's best interest.

Certifications

Child Life Certification – May 2009, 2014

Certified Life is Good Playmaker – May 2014

Certified Nursing Assistant – October 2014

Education

Baylor University – May 2009

- Bachelor of Science in Family and Consumer Sciences in Child and Family studies with an emphasis in Child Life

References

Available Upon Request