# ArtHeels Project Ideas

## TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Painting</td>
<td>2-3</td>
</tr>
<tr>
<td>Crafts</td>
<td>4-6</td>
</tr>
<tr>
<td>Paper</td>
<td>7-12</td>
</tr>
<tr>
<td>Musical Instruments</td>
<td>13-14</td>
</tr>
<tr>
<td>Other Ideas</td>
<td>15</td>
</tr>
<tr>
<td>Seasonal Projects</td>
<td>16-27</td>
</tr>
</tbody>
</table>
Painting

Crinkle Crayon Print

**Description:** Create a cool lithograph of a crayon picture.

**Supplies:**
- Crayons, Thick paper, Newspaper, Cold water, Paint—black or brown

**Directions**
Have your child draw a picture or design with the crayons on a sheet of paper. Crumple the paper and dip it into the water. Squeeze out the water and spread the drawing to dry on the newspaper. Paint over the drawing. Place another sheet of paper over the top immediately to soak up the excess paint. Separate the sheets of paper and your child will have a lithograph of the original drawing.

Squashed Paint Art

![Squashed Paint Art Image]

**Description:**

**Supplies:**
- Tempera paints, Drawing paper, Teaspoon, Rolling pin

**Directions:**
Take one sheet of paper and have your child dribble some paint onto it with the teaspoon. Cover this sheet with another sheet of paper. Use the rolling pin or wine bottle to squash the paint. Peel off the top sheet of paper and your child will have a double image of his or her artwork. Try this activity with several colors in different combinations. Make sure you don't drip the paint colors too close together or you may just get a mushy overlap. Vary the squashing techniques; use your fingers and rub over the paper softly, or roll in some places and tap your fingers in others. (**Modification:** Fold the piece of paper in half, or in various ways.)

Marble Painting

**Description:** Using marbles as a painting tool can put a new twist on art projects.

**Supplies:**
- Cardboard box/tray/lid, marbles or Ping-Pong balls, tempera paint, paper, masking tape

**Directions:**
Provide a large box, then have your child place a piece of paper inside. If the box is significantly larger than the paper, tape down the edges with masking tape. Next, give your child a handful of marbles (supervise carefully if young children will be participating in the activity; Ping-Pong balls may be more appropriate). Your child covers the marbles with tempera paint, then places them on the paper in the box. As he or she shakes the box, the marbles will create interesting swirls and patterns. Encourage experimentation: Perhaps your child might introduce one marble at a time or place the marbles in the four corners of the box before beginning the shaking action. For the ultimate challenge, see if your child can write his or her name in "marblelese."
Straw Paintings

Description:
Supplies:
- Paper, Straws, Water color or tempera paints, Crayons or markers (optional)
Directions:
Add water to the paints to make them runny or use watercolors. Place large drops of paint on your child's paper. When your child now blows at the drops through the straw, the paint will run and make lovely rivers of color. Then she can color the pictures with crayons or markers to add different textures.
http://littleartmonkeys.com/Projects/Paintings/BlownPainting/BlownPainting.php

Dip and Dabble Art

Supplies:
- Paper towels or coffee filters, Containers for paints, Food coloring, Water/container(s) to put water in
Directions:
Mix the food coloring with some water in containers so your child has three or four colors to choose from. Fold the paper or filter any way your child wants, then dip the corners briefly into the colors. The paper will soak up the color. Fold again and stick the dry corner into the colored water. Let the paper dry before unfolding, otherwise it might tear. Experiment with different folds or try crumpling the paper before dipping it into the colors. Press the papers flat and mount on cardboard. Food color stains the fingers, so try to dip the paper, not the hands.

Paper and Crayon (or Oil Pastel) Batik

Description:
Supplies:
- Paper, Water color or watered tempera paints, Crayons/oil pastels, markers (optional)
Directions: Color creations with oil pastels or crayons (the more pressure, the better); a white crayon can make for secret messages or images that show up (like the dino example). Once coloring has been accomplished, paint over the picture with water colors and watch your paint fill in the gaps and bring it to life. Can continue decorating with markers, etc. after it has dried.

Variations: Rubber Cement Resist- Create images with rubber cement and then paint over. When dried, rub off cement with an eraser. Contact paper can be the same sort of white-space, but requires cutting shapes/images out.
Crafts

Aluminum Foil Sculptures

Description:

Supplies:
- Aluminum Foil, Paper/Newspaper to put inside

Directions:
Use enough aluminum foil to firmly twist and ball up to the desired design. Can begin with balled-up paper in the middle for larger sculptures. For an extra challenge try to make a body shape, that will balance on a string tied tightly between two chairs.

Aquarium diorama

Description: A neat little diorama you can do with an underwater scene (or outer space, the forest, butterflies, etc.). A variation is to glue all the items to the background and not to worry about hanging anything with string.

Supplies:
- 2 paper plates, A roughly 6 inch diameter circle of clear plastic wrap, Colored construction paper or paint, Scissors, Glue, tape, (and stapler), Crayons, or markers, Thread or yarn

Directions:
Cut a Viewing Window in one of the paper plates. Cut a circle of clear plastic slightly larger than the hole in the front plate and tape the plastic to the inside of the plate. Make a background on the uncut paper plate. The plants and animals in your diorama can be drawn or cut out of construction paper. Kelp (green or brown) and brightly-colored coral are good for the background. Then, either draw or cut out paper fish, starfish, jellyfish, seahorses, sharks, whales, and/or other creatures for the foreground.
Dream Catchers

Description:
Supplies:
- Paper plate, string or yarn, feathers, things to decorate with

Directions:
Cut out the inner circle of a paper plate. Punch 8 holes in the rim. Decorate the plate with markers, crayons, paint, etc. String the yarn through the holes in a funky or precise pattern. Add beads on the string while putting it together and place feathers on the dream catcher.

Paper Plate Fish

Description:
Supplies:
- Paper plates, construction paper, crayons or markers, Glue sticks and scissors.

Directions:
Cut the mouth out and use it as the back fin. Color and decorate the fish’s body and fin(s). You can cut another fin from paper and attach to the body with glue. You can make paper eyes and attach with glue as well.

Paper Plate Jelly Fish

Description:
Supplies:
- Paper plates, strips of crepe paper or ribbons, glue stick, scissors, something to color with and construction paper.

Directions:
Cut the paper plate into half-circles and let the children color it. Depending on the children's ages you can precut black and white paper circles for the eyes. If the children are old enough and you have enough scissors, they can cut their own. Glue or staple strips of tissue/crepe/construction paper along the bottom. Glue the eyes and mouth onto the front of the jellyfish.
Paper Plate Animal Masks

Description:
Supplies:
- Paper plates, hole punch, string/yarn, things to decorate with, scissors, glue/tape, paper
Directions: Measure and draw two holes for the eyes. Cut out eyes and punch holes on either side for string to tie it around face when finished. Make a mardi gras inspired mask, animals, or just fun decorations! Use markers, feathers, pipe cleaners, or anything else to make a great creation!
Variations: Use a half paper-plate.

Paper Plate Dinos

Description:
Supplies:
- Paper plates, scissors, paint and brushes (or sponges), decorating supplies
Directions: Use a couple of small paper plates and cut out dino shapes. Don’t forget a head, body, legs, and tails. You can paint, color with markers, or anything else decorative. To give paint texture use a plastic fork to add some texture by scratching into the wet paint and use a sponge instead of brush to add dimension. The examples are Brontosaurus and a friendly T-Rex. 😊

Dixie Cup Flowers

Description:
Supplies:
- Dixie cup, scissors, markers, pipe cleaner stem
Directions: Cut down the sides of the Dixie cup to make the petals; leaving about a ½ inch from the bottom rim. Cut petal tops to semi-circles and add faces, designs, etc. for the petals/center.
Paper Crafts
Bookmarks

**Description:**

**Supplies:**
- Paper, decorative materials, stickers, stencils, hole punch, string/ribbons

**Directions:** Use scraps of paper, ribbons, etc. to make a fun bookmark. Add stickers, use stencils, and personalize a great bookmark for guys and girls of all ages. 😊

Finger Puppet Animals

**Description:** Your fingers are the legs (or trunk) of these simple paper puppets. You can make the entire cast of a nursery rhyme or fairy tale in just a few minutes, and then put on your own show.

**Supplies:**
- Stiff paper, like thick construction paper or even thicker paper, Scissors, Markers or crayons,
  Optional – printed things, googly eyes, glue, cotton balls

**Directions:**
Using stiff paper, either print out a puppet template or draw your own. Cut out the finger puppet and the finger hole(s). Decorate the puppet with crayons or markers. Optional: glue on googly eyes and cotton-ball or yarn hair.

Animals!—Dove

**Description:**

**Supplies:**
- Paper, scissors, string, hole punch

**Directions:** Cut out a body of a bird (complete with beak). Take two little pieces of paper and fan fold them for the wings and tail. Hole punch to make it a hanging (flying) bird.
**Chinese Paper Lantern**

**Description:** Make a lantern for Chinese New Year or all year long.

**Supplies:**
- Colored paper (construction paper or gift wrapping), Scissors, Glue, tape, or a stapler, Things to decorate with

**Directions:**
Decorate the paper (may be easier to do flat before cutting, etc.); can add finishing touches, like glitter glue pens, later. Fold a rectangular piece of paper in half, making a long, thin rectangle. Make a series of cuts (about a dozen or more) along the fold line. Don't cut all the way to the edge of the paper. Unfold the paper. Glue or staple the short edges of the paper together. Cut a strip of paper 6 inches long and 1/2 inch wide. Glue or staple this strip of paper across one end of the lantern - this will be the handle of the lantern.

---

**Fortune Teller (a.k.a. Cootie Catcher)**

**Description:** Cootie Catchers are fun for telling fortunes. Pick a theme for your Cootie Catcher or just have your friends ask it a question and see what answer will be revealed.

**Supplies:**
- Paper, scissors (if the paper is not already prepared as squares), markers (things to decorate)

**Directions:**
1. If you start with a standard sheet of paper you will need to make it square by folding one corner over to the edge and cutting off the extra flap.
2. Unfold it and you have a square. Fold the other corners and crease again.
3. Unfold so you are back to the square.
4. Next, fold each corner point into the center of the creases.
5. With all four corners folded it should look like this.
6. Next, flip it over and fold all four corners points into the center again.
7. With all of the corners folded in it will look like this.
8. Write the numbers 1-8 on each of the triangles.
9. Lift up the flaps and write the fortunes under here.
10. Flip it over and color or write the name of a different color on each flap.
11. Flip it back over and stick your two thumbs and two forefingers into each of the 4 flap pockets. You may need to crease it along the flap lines first. Fingers should press center creases so that all 4 flaps meet at a point in the center.
**Pinwheel**

**Description:**

**Supplies:**
- A square piece of paper, scissors, and pipe cleaner –or- tack and pencil w/eraser

**Directions:** Starting with a square piece of paper, fold to the corners to make two diagonal creases. Cut from the corners to the center, leaving a ½ to the center point for all four cuts. Decorate the paper before folding (you don’t want to make it too heavy or use a lot of glue that needs to dry so that it will spin well). Fold in every other corner to the center (making sure not to press down fold), either place a tack through and pin into the eraser of a pencil, or use a pipe cleaner to poke through the hole and use as a the stem.

**Pop-up cards**

**Description:**

**Supplies:**
- Sturdy paper, scissors, decorations

**Directions:**
To make the card, cut the shapes out as pictured. Do not cut where the red lines are, they will be the folding part of the card. Simply open the card and enjoy! ((Make your own variations.))

**Origami (Star Box)**

**Description:**

**Supplies:**
- A square piece of paper (decorated with crayons or markers or colored paper)

**Directions:**
Paper Airplanes

**Description:**
Once you make an awesome paper airplane, you have to fly them and see which goes the farthest!

**Supplies:**
- 8.5x11 paper

**Directions:**
Use a sheet of 8 1/2-by-11 inch paper. Fold the paper in half lengthwise and run thumbnail along the fold to crease it sharply. Now, unfold the paper. Fold down the top corners as indicated by the arrows. Fold the two edges toward the center line, as indicated. Make a valley fold in half. Turn the plane 90 degrees. Create a wing crease that begins at the nose as shown. Form 3-dimensional shape as shown in figure. The Basic Dart is complete. Bend up the tailing edge of the wings for lift if it has a tendency to nose-dive. **Variations:** [http://www.paperairplanes.co.uk/planes.php](http://www.paperairplanes.co.uk/planes.php) (25 awesome variations!)

Tissue Paper flowers

**Description:**

**Supplies:**
- Tissue paper, scissors, pipe cleaner (stem)

**Directions:**
Cut tissue paper into rectangles of desired size/rectangle. Stack around 15 pieces of tissue paper. Use the same color or different colors. If you want to use a smaller number of pieces of tissue paper, flower will not be as full. Accordion pleat the tissue paper working from the long side. Wind one end of the pipe cleaner stem around the middle of the accordion pleated tissue paper. Trim the ends of each side to give the pedals a unique look. Trimming the ends into a point (like a triangle), or a bump (like a half circle) will look very pretty. Gently separate each layer pulling upwards toward the middle of the flower. Do the second side.

Mosaic

**Description:**

**Supplies:**
- Scissors, paper (whole sheet and pieces), glue stick/glue

**Directions:**
Cut pieces of brightly colored paper into little pieces (can all be the same shape, i.e. squares/triangles or different shapes). Arrange them into a picture and then glue to a full sheet. **Variation:** Mosaic from a Picture (draw a picture in squares, then cut those square and separate before gluing down to give a neat effect)
Paper Box

**Description:** Make and decorate a box to put little things in, including wishes and good thoughts (a.k.a. a wishing box). Can also be used to whisper worries into similar to telling worries to Guatemalan “Worry Dolls”.

**Supplies:**
- Template, Construction paper or thicker white paper, Scissors (if not already cut out), Glue sticks, Decorating materials: Crayons, markers, etc.

**Directions:**
Decorate box and cut out template. Fold all the interior lines of the box. Glue that one tab that is marked to glue. Fold over the tabs on each end and close the ends.

Paper Weaving

**Description:**

**Supplies:**
- At least two pieces of paper, scissors, things to decorate with

**Directions:**
Cut strips into one sheet of paper, two ways (straight or curvy lines): (1) fold the paper and cut perpendicular to the fold, leaving ¼ inch from the edges, (2) cut from the bottom of a full sheet, leaving ¼ inch at the top. Cut another sheet of paper into ½ strips to weave. Alternate and weave the strips into the main paper to make a cool weaving effect!

Paper Garland

**Description:** A chain of shapes, people or paper bears.

**Supplies:**
- Paper, scissors, pencil, things to decorate with

**Directions:** Any size strip of paper will do - it just needs to be long enough that you can fold it into at least 6 and have room to draw a picture. Fold the strip of paper into a concertina. Draw a picture on the top face of the folded up paper. The picture must go to each side of the paper. Any shape is fine as long as it joins on the sides. Cut the shape out through all the layers, making sure that the sides are not cut out. Open it out you should have lots of shapes all in a row. Decorate!
Quilling Beads (Paper Beads)

Description:

Supplies:
- Magazines or Catalogues, Pencil, Scissors, Ruler, White glue, Needle, Thread, Rolling tools: any long thin object such as a knitting needle, toothpick, pickup stick, coffee stirrer

Directions:
Make sure that no one is still reading the magazine or catalogue you've picked for this project. Tear out the most colorful pages. It doesn't matter if the edges are jagged. Use the pencil and ruler to make a mark every half inch along the side of the page. Don't move the paper! Move the ruler and mark every half inch along the other side. Now connect the marks to make triangle shapes. Put one end of the ruler at the bottom left corner of the paper. Move the other end of the ruler to the first mark on the right side of the page. Now draw a line connecting the two points. Keep the right side of the ruler where it is. Slide the left side up to the second mark (skip the first mark!). Draw a line connecting the two marks. Continue zigzagging the ruler across the page. Always skip one mark! When you're done, cut along the lines. Except for two sections, you'll have long thin triangles. Keep the triangles and throw away the oddly shaped sections. Remember, each triangle will make one bead and you need about 30 beads for a necklace. So mark and cut several pages of triangles. Examine each triangle. One side of the paper will be more colorful than the other. Place the triangle so that the colorful side faces the table. Take the rolling tool you have and place it at the bottom of one of the triangles. Fold the end up. Place the rolling tool against the edge of the fold. Now roll the triangle up! As you roll, make sure the point of the triangle stays in the center. Stop rolling before you get to the tip of the triangle. Use a toothpick to put a small dot of glue on the tip of the triangle. Now finish rolling. Pull the rolled paper off the rolling tool. You've made a bead! Put it aside and make more.
Musical Instruments

Harmonica

Description:
Supplies:
- 3 rubber bands: 1 wide, 2 small, two popsicle sticks, two pieces of sturdy paper 3/4 inch wide and long enough for each side to fold over completely (ours was 2 1/4), tape

Directions: Lay one stick on top of the other with the paper strips spaced like in the photo. Fold over each piece of paper. Secure paper with a little tape. Tape shouldn't touch the sticks at all. Carefully slip out the bottom stick. Stretch the longer rubber band around the length of the top stick. Place the bottom stick directly under it and secure them both with the two smaller rubber bands.

Straw Harmonica

Description: Make a neat little instrument. Easy to put together and fun to play!
Supplies:
- Soda straws, a ruler that shows centimeters, scissors, (masking) tape, marker

Directions: Cut the straws to the following length. Put spacer straws between each note. Tape all the straws together with masking tape across the whole group and write the notes on the tape above the proper straw.

<p>| | | | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>D</td>
<td>E</td>
<td>F</td>
<td>G</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>20 cm</td>
<td>17.8 cm</td>
<td>16 cm</td>
<td>15 cm</td>
<td>13.3 cm</td>
<td>12 cm</td>
<td>10.7 cm</td>
<td>10 cm</td>
</tr>
</tbody>
</table>

Try these for melodies: EDC D EEE DDD EGG / EDC D EEE DDD EDC
and also CC GG AA G FF EE DDC / GG FF EE D GG FF EED / CC GG AA G FF EE DDC

Maracas

Description:
Supplies:
- Paper cups, glue/tape, beads/noodles/beans, decorative things

Directions: Decorate the outside of two paper cups with markers, paint, etc. Add the noise making item (beans, beads, etc.) and fix the two halves together with glue and/or tape. Add any finishing touches like popsicle stick handle or decorative border around seam. Then shake!

Variation: Use a folded paper plate: decorate, add beans, then staple shut.
Kazoo

Description: Supplies:
- NEW/CLEAN craft cardboard tube, Wax paper, Rubber band, Scissors or pen, Markers or paint

Directions: Place the wax paper onto the table and cut a circle slightly larger than the cardboard tube, about 3 inches in diameter. Fold the wax paper circle over one end of the cardboard tube and fasten it tightly with a thin rubber band. Poke a hole into the cardboard tube with scissors or a pen, right below the rubber band and wax paper. Trim the wax paper if necessary so it doesn't cover the hole. Hum into the open end, making sounds with your new kazoo. Play around with covering the hole with your finger, adding more holes in the tube or adjusting the amount of air you blow into it. Color the kazoo with markers or paints or leave it as is and add it to your creative music player collection.

Rain Stick

Description: Supplies:
- Long cardboard tube, Paper, Tape, Rice, uncooked beans or uncooked popcorn, Aluminum foil, Crayons or markers, Beads or feathers and glue (optional)

Directions: Cover one end of the tube with paper and tape it shut. Crumble up strips of aluminum foil and put them in the tube. Pour a handful of rice into the tube. Cover the other end of the tube with paper and tape it shut. Using crayons, markers, beads or feathers, decorate your rain stick. Shake your rain stick up and down to listen to the homemade sounds of the rain!

Tambourine

Description: Supplies:
- 2 Paper plates, Glue, Bells, Yarn or ribbon, Paint and Brush

Directions: Paint your paper plates - eating side down. Once they're dry glue your plates together. After they are securely in place punch holes around your paper plate. With yarn or ribbon, tie on your bells. Now you're ready to make some music!
Other Craft Ideas

Puzzle Piece “Animals”

Popsicle Stick Crafts

“Puff” Paper Pillow

Clothespin Butterfly
# SEASONAL PROJECTS

## TABLE OF CONTENTS

- Winter/Christmas: 17-18
- Valentine’s Day: 19-20
- Spring: 20-21
- St. Patrick’s Day: 21
- Easter: 22
- Summer/4th of July: 23-24
- Autumn: 24
- Halloween: 25-26
- Thanksgiving: 26-27
WINTER/CHRISTMAS CRAFTS:

Snowflakes

Description: Punch a bunch of these simple paper snowflakes, then hang them from your ceiling or fireplace mantel. For a truly frosted-looking flake, use parchment paper or vellum.

Supplies:  
- 8 1/2 by 11-inch sheet of paper, Stapler, Scissors or pinking shears, Hole punch, Clear tape

Directions:  
Fold the paper lengthwise and cut it in half. Starting at one short end, fanfold the paper in 1/2-inch folds. Staple the fan in the middle. Use scissors or pinking shears to trim both ends, then hole-punch a design into the fan’s folds. When you are finished, unfold the fan to create a circle and tape the edges together to secure it.

Brown Paper Stocking

Description: Make a stocking to put little goodies, candies, or notes in. Can hang on the door of the room.

Supplies:  
- Thick brown paper (like grocery bag paper) or felt (Could substitute construction paper), Pencil, Scissors, Glue, holepunch, Yarn/string, Markers or crayons/other decorating tools

Directions: Draw a large stocking on thick brown paper (or brown felt). Cut out two copies of this stocking. Glue the two stockings together around the edges (make sure you don't put any glue along the top opening). Punch holes around the edges of the stocking. Weave yarn in and out of the holes. Leave a loop of yarn at one end, and tie it in a knot. Decorate your stocking with crayons, markers, stickers, cut-outs, or glitter.
Snow Globes

Description:

Supplies:
- A Baby food jar (or other jar with tight lid), water, glitter, clay, toys/shells/sequins

Directions: Take the jar and put several rocks in the bottom of it. Pour some glitter--not too much just enough to give a sparkle effect--into the bottom of the jar. Add any small plastic toys or seashells into the jar. Fill with water to the top and place the lid over the top, very tightly.

Snowmen

Description:

Supplies:
- Painted popsicle sticks, beads, glue, fabric strips, scissors, yarn, markers, orange paper

Directions: Paint or prepare the popsicle sticks (or paint stirrers). Glue on beads for buttons. Tie strips of fabric for a scarf and add a piece on top for the hat. Add eyes and mouth with a marker. Cut out a nose from the orange paper. Glue it on and you’re done!

Ornaments

Description:

Supplies:
- Varies depending on particular project

Directions: Make trees, reindeer, poinsettias, angels, snowflakes, stars, candy canes, penguins, Santa hats, ginger bread men, Christmas trees, stockings, or anything else that you can come up with! Can hang in the room, on the IV drip, or eventually on a tree!

Wreath

Description:

Supplies:
- Paper plate, scissors, ribbon, markers or paint and brushes, decorations (i.e. present bows)

Directions: Cut a hole in the center of the plate. Color/paint (with brush or sponge) the wreath green. Add holly, bows, or other decorations. Punch a hole or simply loop through middle to add ribbon for hanging.
VALENTINE’S DAY

3-D Heart

Description: 

Supplies:
- Construction paper or scrapbooking paper, ribbon or yarn, scissors, glue (a stick is better than craft glue for this project)

Directions:
Place 3 pieces of construction paper together and fold them in half. Cut out half a heart along the seam. (You’ll end up with 3 identical hearts.) With the hearts still folded, glue one half to the next half. (Don’t get any glue inside the folded hearts.) Before you glue the final heart half to the first one (to get the 3-D effect), lay a length of ribbon or yarn as close to the inner fold as you can. When the final heart half is glued down, the ribbon will be in the middle of the hearts. Gently open out the hearts to arrange them evenly.

Paper Plate Valentine's Day Card Holder

Description: 

Supplies:
- Two 10” Paper or Plastic Plates, 4’ Ribbon, Hole punch, 12” Lace, Scissors, Tacky Glue

Directions:
Cut one of the paper plates in half. Hold the plates fronts together and punch all around the lip approximately every inch. Beginning at what would be the top, lace all around, leaving an 8” tail for hanging. Glue lace across the top edge of the front plate. Cut hearts out of additional plates. Glue to front to decorate.

Hanging Heart Mobile

Description: 

Supplies:
- Paper plate/sturdy paper, scissors, string/yarn, tape/hole punch, construction paper

Directions:
Draw a spiral on a paper plate or circle sturdy paper. Cut along the line. Decorate the spiral using markers, crayons, or paint. Attach strings with hearts to the plate (pic 2) or hanging string (pic 1). 

19
Heart Wreath

Description:

Supplies:
- Equal-sized strips of construction paper, scissors, glue, paper clips

Directions:
You can skip most these steps after the first few hearts. Once you get the hang of it you can just go ahead and fold, glue attach & clip as you build your chain: Fold strip in half / glue outsides together. Run a glue line across each edge / pinch top to base of heart and paper clip together until dry. Glue the base of each heart into the top of the next heart / paper clip / make 2 equal length chains. Glue together at base / paper clip. Glue together at top to form heart. Glue one final heart to top / paper clip. Punch hanging holes in outer hearts (I punched them in the top white hearts.) String floss or ribbon to desired length & hang.

SPRING

Painting Pots

Description: Decorate a little pot to place in the window. Leave the kids with a bag of dirt and a few seeds to plant and watch grow. CAUTION: Make sure that the kids are old enough not to eat dirt and that they don’t have any conditions that would prevent them from having plants/dirt in their rooms!!

Supplies:
- Small clay pot, Dirt/seeds to grow plant, Paints/brushes

Directions:
Paint and decorate the pots with acrylic, glitter pens, or stickers, etc. Have the patient plant the seeds in the dirt and give directions on how to make it grow!

Spring Crown

Description: Make a pretty flowery crown from a paper plate and paper flowers.

Supplies:
- A paper plate, Colored construction paper or tissue paper, Paint, markers, or crayons, Scissors, Glue, Optional - glitter, crepe paper or other ribbons

Directions:
Cut a slit through the center of the paper plate, leaving about an inch at the edges of the plate. Cut three more slits. Bend the triangles formed by the cuts upwards, forming leaf-like shapes. Paint the crown and let the paint dry. Cut out some construction paper or tissue paper flowers/shapes for your hat. Glue flowers to the crown. Optional: Staple two long ribbons of crepe paper to your beautiful hat. Variation: Instead of flowers, make paper eggs, decorate them, and put them on your hat.
Seasonal Window Stickers

**Description:** Paint flowers or other fun images that will dry & be peeled off to stick on windows.

**Supplies:**
- Wax paper, colored dimensional paint (most fabric paints will work), Hand-drawn or reproduced outline of an image, toothpicks

**Directions:** Tape pattern down to table. Cut square of wax paper a little larger than pattern. Tape down over pattern. Using dimensional paint, outline image. Fill in with more paint. If desired, smooth surface with a toothpick held sideways. Can also clean up slips using a toothpick. Let dry at least 24 hours! Do not succumb to the temptation to try to lift the image early as the underside takes longer to dry. After 24 hours, gently lift image off wax paper. You can reuse the pattern, but don't reuse the wax paper. If some of the wax paper sticks to image, gently scrape away with fingernail. To hang on windows: Clean windows, dampen lightly with water and press the image onto the window. Sticking power is affected by the temperature.

### ST. PATRICK’S DAY

**Pipe Cleaner Shamrocks**

**Description:**
**Supplies:** Pipe Cleaners

**Directions:** Fold into shamrock shapes.

---

**Luck of the Straw**

**Description:**
Celebrate St. Patrick's Day by making a Brigid's cross, a craft honoring one of Ireland's patron saints. Traditionally these crosses are made of rushes, which grow wild in marshy areas.

**Supplies:**
- Craft-store Raffia or strips of paper

**Directions:** First, moisten the raffia by wetting it with warm water and allowing it to sit for 10 minutes. Use scissors to trim the raffia pieces to about 20 inches long. Lay one or two strands vertically on your table. Fold a second strand or two in half around the middle of the first, with the ends pointing to the right (figure 1). Rotate your project a quarter turn. Fold a third strand or two around the second (figure 2). Rotate the project again and add a fourth strand (figure 3). Repeat these steps until your cross is as big as you'd like (ours uses 13 pieces), then tie the ends of the cross's arms with scrap pieces of raffia.
EASTER

Basket and Bunny

Description:

Supplies:
- Posterboard paper, hole punch, ribbon/yarn, decorative things, glue/tape

Directions: Trace a basket shape/stencil, cutting out the base and handle. Make two of the base and punch holes around the edge (not too close to avoid rips/tears) and “sew” the two sides together with ribbon. Glue the handle on and let dry. Fill basket and make eggs/bunny to add!

Stencils:  
- http://1.bp.blogspot.com/_8RZ_zDfe6No/SdK7sYtfUUI/AAAAAAAAAxc/fLkwmbTeHeQ/s1600-h/easterbasket.jpg
- http://4.bp.blogspot.com/_8RZ_zDfe6No/SdK71ORnSUI/AAAAAAAAAxk/7VLnxjFosu0/s1600-h/easteregnschobunny.jpg

GooGoo Goggles

Description:

Supplies:
- Sturdy paper or posterboard, scissors, stencil, tape/glue, ribbon

Directions: Cut out two joined circles for the glasses and measure out hearts to be removed as eyes. Measure and cut two equal side pieces to hold glasses behind ears. Cut out bunny ears to add (but make sure they are not too heavy to tip the whole thing off face, maybe use construction paper, or let them be short, or make them floppy).

Table Top Bunny and Carrot

Description:

Supplies:
- Sturdy paper or poster board, scissors, construction paper (for carrot), things to decorate with

Directions: Trace a shape like the above pattern out on sturdy paper. Cut between the ears to create the fold-down flap. Decorate and create carrot if desired, then place on some surface for fun Easter decorations!
SUMMER/4TH OF JULY

Patriotic Mobile

Description:
Supplies:
- Cardboard, paper, scissors, string/yarn, holepunch
Directions: Make a sturdy mobile base from cardboard or sturdy paper. Cut a strip to fasten as a circle. Cut out shapes if desired from base. Cut paper into stars, decorated circle medallions, or any other fun shape. Punch holes and cut string to tie the hanging pieces to the base & hang base.

Eagle Handprint Image

Description:
Supplies:
- Brown, white, black and yellow paint, a paint brush, paper
Directions: With the brush, paint your child's right palm and fingers (not the thumb) brown. Have her press her hand onto the paper to form the eagle's left wing. Repeat with the left hand for the other wing, overlapping the palm prints, as shown. Have your child clean her hands. To make the tail feathers, paint the index, middle, and ring fingers of one hand white. Turn the paper upside down, then have your child press her fingers onto the paper where shown. For the head, have your child make a fist with her left hand, then paint the pinkie side white. Press down on the paper and slightly smudge the print to give the eagle's head a feathery look. Use a finger to make a black dot for the eye, then dab on a yellow beak.

Festive Fans

Description:
Supplies:
- Popsicle sticks/paint stirrers, rectangle paper or two squares, glue
Directions: Patriotically decorate the paper to make designs fun to fan with. Adhere with glue to stick. Let dry and then use.
Firecracker Hats

**Description:**
(made from paper bag)

**Supplies:**
- Paper, scissors, pipe cleaners, glue/tape/staples

**Directions:** Arrange 5 red and 5 white 2 1/2- by 12-inch craft foam strips side by side, alternating the colors. Apply a 26-inch strip of blue tape across the panels about 1 inch from the bottom, wrapping the ends around to the back. Decorate the tape with sticker stars. Then cut a 1/2-inch-wide fringe in each panel starting from the top and ending just above the tape.

Firecracker Crowns - Step 2 Flip over the fringed foam and position a gold pipe cleaner in the center of each of the inner 8 panels so that the lower end is about an inch below the fringe. Tape them in place as shown. Now sandwich the top of each pipe cleaner between a yellow foam star and a large sticker star. When your child is ready to wear the crown, wrap it around her head, overlapping the ends and securing them with a large paper clip.

**AUTUMN**

String of Leaves

**Description:**

**Supplies:**
- Paper, pencil, scissors, decorative things, string/tape

**Directions:** Draw leaf-like shapes and cut out leaves to string along to make a garland. Can be hung in room or across door.

Scarecrow

**Description:**

**Supplies:**
- Popsicle stick, paper, raffia/craft grass, buttons, markers etc.

**Directions:** Use the top of the stick to ne the head, making a marker-made face. Use paper to fasten clothes, decorated with buttons, stickers, and drawings. Add the craft grass for the hands, feet, and hair for a fun scarecrow! Look at the other pictures for variations…
HALLOWEEN

Witch’s Hat

Description:

Supplies:
  - Paper plate, either an existing party hat or a sturdy construction paper cone, paper, paint, other things to decorate with

Directions:
Take a small paper plate. Make pie shaped cuts in the center circle. Fold up. Tape or glue to inside of hat. Paint or spray paint/Decorate. Used googly eyes, sequin stars, glitter and ribbon.

Spider Door-Hanger

Description:

Supplies:
  - Paper plate, (2) pipe cleaners, markers, things to decorate with, string

Directions: Cut a paper plate in half, decorating the two half-sides. When finished, attach the semi-circle parts together, leaving the top open to place things in. Cut pipe cleaners in half, bend, and attach as the 8 legs. Add the string so you can hang the spider on the door to collect candy in!

Pumpkin Treat Bag

Description: Make these bags for children to keep their Halloween party favors and candy. Kids can also shine flashlights through them (serving the same purpose as a votive candle).

Supplies:
  - Paint (or other decorating items), Lunch bag

Directions: Apply orange paint to the palm of a hand with a sponge. Press palm onto paper bag. Using index finger & green paint, make stem and leaves on the pumpkins. Or you can cut out shapes, do bats, witches on broomsticks, or other Halloween images.
Bats

Description:

Supplies:
- Black construction paper, white pencil or crayon to color/decorate, white paper (or googly stickers) for eyes

Directions: Start with three semi-circles of about the same size. Cut two out to make the wings on either side of the body. For the body, find middle and fold back to make the triangle front and “ears.” There will be an opening that can be taped shut or left open to be filled with candy/treats.

THANKSGIVING

Native American Hat/Turkey Hat

Description: OR

Supplies:
- Scissors, Brown paper bags (or construction paper), optional: Cardboard (cereal box), Glue stick, Colored construction paper, 2 small white pom-poms, Black permanent marker

Directions: From the brown paper bags, cut a circle 3 1/2 inches in diameter for the turkey's head. Next, cut a 3-inch-wide band to fit around your child's head. From the cardboard, cut a strip 5 by 1 1/2 inches to use for a neck. Fold it three times accordion style, then glue one end to the back of the paper circle. For a beak, fold yellow construction paper and cut out a small double triangle (1 1/2 inches along the fold). Cut a rounded L from red paper for the turkey's wattle. To create eyes, draw a black circle on each pom-pom with the marker. Glue the eyes, wattle and one side of the beak to the head. Let them dry. Then, glue the loose end of the neck to the center of the headband. Now, wrap the headband around your child's head; mark where the ends overlap, then remove the band and glue the ends. Finally, glue on construction paper feathers and wings.

Pilgrim Bonnet

Description:

Supplies:
- Paper, ruler, scissors, string, staple/tape

Directions: Piece together paper or use a large paper so that the measurements are about 12 x 15 inches. Fold a 1 inch flap for the front, add the string in this fold so one can tie around head. In the back, cut the two (2”) sides of a 2 x 3 inch rectangle. Fold in the back flaps (measured about 7” down) and adhere them together. Your hat is complete!
Hands Turkey or Fingerprint Turkey

Description:  

Supplies:  
- Colored paper, glue/glue stick, markers (stamping pads if available), scissors

Directions: For the Hands Turkey, trace and cut out colorful handprints to make the feathers of the turkey tail. Cut out a body, complete with eyes, beak, and feet. Adhere (glue, glue stick, tape) the hands down to another sheet of paper or just to the back of the body. For the Fingerprint Turkey, color the fingers of the patient with washable markers or stamp ink. Make the body with palm or thumbs and add the head and feathers with fingers, adding more ink/marker where needed. Add the feet and face with markers.

Thankful hands Tree

Description:  

Supplies:  
- Colored paper, scissors, glue, things to decorate hands with

Directions: Trace and cut out hand prints. On the fingers and palm decorate with things that the patient is thankful for. Add feathers, stickers, or other decorations.